



## Current Guidelines from the Alpenverein Austria for Tours and Courses, from 15.11.2021

### General Rules

- Only go to the mountains if you are healthy
- No symptoms in the last 5 days
- No close contact with people with symptoms in the last 5 days
- Avoid usual rituals (e.g. shaking hands, hugging)
- Follow hygiene rules
- Comply with current regional measures in the area where the tour will take place
- **In case of questions/uncertainty, please contact the “Alpinreferat”**

**All persons over 16 years old must show a valid certificate of vaccination or recovery at the start of the event (“2G” rule).**

**For persons 12-15 years old, the “2.5G” rule applies, or a “Ninja Pass”.**

**6-11 years old, “3G” rule in Vienna (i.e. vaccinated, recovered or test certificate), in other provinces no requirements for this age group.**

**This must be checked by the event organiser at the start of the event.**

### Recommendations for staying in mountain huts

- Take a sufficient quantity of FFP2 masks for the whole stay
- Take your own towel (no paper towels at the huts)
- Reserve your bed or place in the “Lager” before arrival.
- Sleeping in a hut is only possible with your own sleeping bag and pillow case (a light down sleeping bag/summer sleeping bag – not a “Hüttenschlafsack”).
- Persons within one group are considered to belong to the same household, for the duration of the stay in the hut.

Translated from original German version, for use by the Alpine Club Vienna

Questions can be sent to trip organiser and/or to [info@alpineclubvienna.org](mailto:info@alpineclubvienna.org)