

"Stop or Go" - Avalanche Awareness Course

Recognize and Avoid Avalanches — Taught in English

Date: Sat. 11 Feb. 2012

Taught by: Michael Merstallinger

Course Number: n120013

Description: For Ski mountaineers – Snowboarders – Snowshoe hikers

In this course, you will learn the basics of modern avalanche theory developed by Werner Munter ("3x3") and used as the basis for the Alpenverein system "Stop or Go". The theory of basic avalanche awareness and risk-management (i.e. standard operating procedures) to utilize while planning and touring will be presented in a preliminary evening meeting and again on the scheduled day in the mountains.

Cost: €75– for leader fee and presentation.

Registration required: Register by ●●●26 Jan. 2012●●●

- At: Section Austria office 1010, Rotenturmstraße 14
- email: austria@sektion.alpenverein.at
- phone: 1 513 10 03
- **Theory & Basics meeting Thursday 2nd Feb. at 18:30**

Length of activity, elevation and difficulty:

- Meeting for presentation of theory and basics – Alpenvereinshaus, Rotenturmstr. 14.
- Outdoor day – about 7 hours: practical theory-application on the snow.

Meeting time and place: will be discussed at the preliminary meeting.

Ending time and place: late afternoon on day of outdoor course

Public Transportation: not practical

Car sharing: will be discussed at the preliminary meeting.

Recommended Equipment: will be discussed at the preliminary meeting.

Requirements:

K2 Conditioning– capable of going up and down for 4–7 hours.

ST1 Some experience in ski mountaineering or snowshoeing required as well as an interest in improving independent and self-assured actions.

Membership in Alpenverein required: OeAV membership is required for this course. If you are not a current member of the OeAV you can easily join online here:

www.alpineclubvienna.org/membership.htm