



## Zillertaleralpen – Berliner Höhenweg – Hut-to-Hut (revised 2.1)

**Date:** Sat-Sat 8 – 15 August, 2009

**Suggested by:** Hal Turton

**Description:** This is a multiday high alpine tour in the Zillertaleralpen, following the Berliner Höhenweg for much of the hike. The route starts in the Vals valley and heads up to Geraer Hütte before joining the Höhenweg at Olpererhütte on the second day. The daily stages lead along existing roads and walkways in alpine and high alpine terrain, offering spectacular mountain views. The route deliberately avoids crossing glaciers and rock passages requiring rope to climb. Nevertheless, alpine dangers should not be underestimated and good mountain equipment, stamina, and sure-footedness are necessary in all cases; at each stage it is also necessary to be free from dizziness!

Translated partly from: [http://www.alpenverein-greiz.de/de/pdf/dav\\_zillertaler\\_runde.pdf](http://www.alpenverein-greiz.de/de/pdf/dav_zillertaler_runde.pdf)

**Map(s):** OeAV – Zillertaler 35/1 & 35/2

### Length of activity, difficulty:

Multiday high-alpine hike; moderate difficulty. Good mountain hiking equipment, stamina, and sure-footedness are necessary. On several of the mountain crossings fixed cables are installed for protection, and in some places ladders/stairs will need to be used. It is possible there will be remnants of snow on some of the mountain crossing. Some sections of the route from Berliner Hütte - Greizer Hütte are not suitable for dogs.

Total distance: approx. 67 km and an average of 4–6.5 hours walking per day (with option of 10-hour alternative on final day), highest trail point 3081 metres, all huts between 2000 and 2400 metres. See comments below for full information.

**Meeting time and place:** Sat. 8 Aug, 2009 **13:08 Steinach am Brenner Bahnhof (2.1)**

**Ending time and place:** about 14:00 Sat. 15 Aug, 2009 Mayrhofen Bahnhof

### Public Transportation:

To start of hike:

6:57 -- 11:43 Wien West -- Innsbruck

12:16 -- 12:43 Innsbruck -- St Jodok am Brenner or Steinach am Brenner (to be confirmed)  
(€55.30 without Vorteils card)

Then, taxi from Steinach am Brenner/St Jodok am Brenner to Gasthaus Touristenrast  
(€31 for 7 people with packs)

Options for return journey:

14:35 -- 20:24 Mayrhofen -- Wien West (change in Jenbach)

16:35 -- 22:24 Mayrhofen -- Wien West (change in Jenbach)

18:35 -- 00:15 Mayrhofen -- Wien West (change in Jenbach)

(€57.80 without Vorteils card)

**Driving Instructions:** (rev 2.1) **See the alternative below!**

To the start of hike from Vienna: A1 to Salzburg; A8 to Raubling; A93 to Kufstein; A12 to Innsbruck; A13 in direction Brenner, taking exit 19-Matrei Steinach toward Matrei/Steinach; turn right at B182/Brenner-Bundesstr./Brennerstr.; left at Stafflach and continue to St. Jodok am Brenner. Total distance 502.9 km (4 hours 45 minutes)

From end of hike to Vienna: from Mayrhofen follow B169/Zillertal-Bundesstr. in direction Jenbach (i.e., north); briefly becomes B181/Zillertal-Bundesstr. before joining A12; follow A12 in direction Munich/Salzburg to Kufstein; A93 to Raubling; A8 to Salzburg; A1 to Vienna. Total distance 470 km (4:39)

The driving distance between St. Jodok am Brenner and Mayrhofen is approximately 95km, making a car shuffle time-consuming. Public transport from Mayrhofen to St. Jodok am Brenner runs every hour until 18:05 and takes approximately 2 hours 40 minutes.

► **The best alternative is to leave the cars at Jenbach which is on the A12 between Kufstein and Innsbruck. Distance Vienna-Jenbach 441 km (4:12). Catch the train at Jenbach on to Steinach am Brenner (12:10 from Jenbach to Innsbruck and then the 12:46 to Steinach am Brenner arriving there at 13:08. From there we will take a taxi to Gasthaus Touristenrast at the start of the hike.**

**Car sharing:** Hal lives in Zurich so a list of participants with their phone numbers will be emailed to each person registered for the trip. You can arrange car sharing among yourselves.

**Recommended Equipment:** See the Zillertaler Equipment list attached.

#### Comments:

1. Current membership in OeAV required (preferably in the English Group of Section Austria). To become a member, go to [www.alpineclubvienna.org/membership.htm](http://www.alpineclubvienna.org/membership.htm)
2. **Register** via email to [halturton@yahoo.com](mailto:halturton@yahoo.com) by **15 Jun** at the **latest** so that reservations can be made at the huts. Include your **name, mobile phone(handy) number, email address, OeAV member nr., and if you need or can offer a ride (number of seats available)**. If you are seriously thinking about going on this hike but not yet certain, please register anyway but indicate the percentage of your probability of attending. This will make planning considerably easier.
3. Your physical condition must be adequate for a high alpine mountain trip up to 3000 meters elevation.
4. You must have surefootedness, no height phobia, and the ability to negotiate a klettersteig of A-B difficulty.
5. Attendance at the July 6<sup>th</sup> meeting is extremely important so that all trip details can be finalized. Participants can meet their fellow hikers and also resolve any remaining questions.
6. There are no mid-day hut stops, so bring food for one meal per day. Bring snacks. The equipment list suggests a minimum of a 1 liter water bottle. If you do not bring an additional Thermos bottle, then you should have a second 1 liter water bottle.
7. On the first day it is planned to catch a taxi for half the distance from **Steinach** – Geraer Hut (to Gasthaus Touristenrast). The quoted cost is €31 for 7 people.
8. A material lift is available to carry rucksacks the last half of the trail from Gasthaus Touristenrast to the Geraer hut for €4/pack.
9. Additional information on individual days, including walking time, distance (where known), highest points and estimated hut prices:

Day	From	To	Trail number	Km.	Time (hrs)	Highest (lowest) point <sup>1</sup>	Hut alt.	Hut price (half pension without accom./bed/lager) <sup>2</sup> €
1	Touristenrast	Geraer Hutte	502	6.9	3	(1130)	2326	27/11/8
2	Geraer Hutte	Olpererhutte	502	7.8	4	2959	2388	23.5/13/10
3	Olpererhutte	Furtschaglhaus	502	10.2	4.5	(1782)	2293	-/12/9
4	Furtschaglhaus	Berliner Hutte	502	8.2	6.5	3081	2042	23/12/9
5	Berliner Hutte	Greizer Hutte	502	8.9	6	2872	2227	-/11/9
6	Greizer Hutte	Kasseler Hutte	502	9.6	5	2701	2178	-/12/9
7	Kasseler Hutte	Edelhutte	502/519	12.3	10 (5.5) <sup>4</sup>	2448	2238	?
8	Edelhutte	Ahornbahn	514	3.0	5 <sup>3</sup>	(633)		

<sup>1</sup> lowest point indicated when hut altitude represents the highest point for the day

<sup>2</sup> some of the prices are for summer 2008.

<sup>3</sup> on the last day, there may be a possibility to catch a cablecar down most of the way

<sup>4</sup> the shorter time is for alternative route along the valley floor to Stilluphaus then Wasserfall, up to Edelhutte along 514

### Contact Information:

name – Hal Turton

phone –

email – [halturton@yahoo.com](mailto:halturton@yahoo.com)

Jack Curtin will coordinate in Vienna 0699 11 55 1111 [acvjack@gmail.com](mailto:acvjack@gmail.com)

**SEE THE EQUIPMENT LIST ON THE NEXT PAGE**

# Equipment List – Zillertalalpen – Berliner Höhenweg Hut-to-Hut 1 Week Hike

Motto: *As little as possible – As much as necessary* We will be carrying everything for ONE week!

## Essentials-required

<input type="checkbox"/> Hiking Map OeAV Nr. 35/1 & 35/2 in waterproof sleeve	<input type="checkbox"/> Compass (know how to use it with a map)
<input type="checkbox"/> LED Headlamp or LED Flashlight + spare batteries	<input type="checkbox"/> Pocket knife or multi-tool
<input type="checkbox"/> Sunglasses	<input type="checkbox"/> Emergency bivy sack, plastic (Space Blanket®)
<input type="checkbox"/> Sunblock crème min. SPF 30 (higher better)	<input type="checkbox"/> Toilet paper and/or pocket tissues
<input type="checkbox"/> Sunblock Lip balm SPF 30 or SPF 45	<input type="checkbox"/> Personal First Aid kit (see below)
<input type="checkbox"/> Blister prevention Compeed®, Spenco® or moleskin	<input type="checkbox"/> Membership card OeAV (or other – ask trip leader)
<input type="checkbox"/> Drinking-water bottle minimum 1 l. (2- 1 l better)	<input type="checkbox"/> Ice Axe <b>Required!</b>

**Personal First Aid kit to contain all required medications, spare contact lenses, etc.**

## Footwear

<input type="checkbox"/> Hiking boots (suitable for high alpine trekking)	<input type="checkbox"/> Gaiters, full length, waterproof
<input type="checkbox"/> Socks + spares (Coolmax® mixture <b>opt.</b> )	<input type="checkbox"/> Wicking liner socks <b>opt.</b>

## Outerwear

<input type="checkbox"/> Mountaineering jacket (for cold, wind & rain)	<input type="checkbox"/> Fleece stocking cap (Mütze)
<input type="checkbox"/> Wide-brim Hat (for sun & rain)	<input type="checkbox"/> Cap baseball type <b>opt.</b>
<input type="checkbox"/> Gloves suitable for wire-rope cables	<input type="checkbox"/> Gloves, fleece with waterproof shell
<input type="checkbox"/> Rainwear poncho <b>opt.</b>	<input type="checkbox"/> Rain pants

## Hiking Clothing

<input type="checkbox"/> Mountaineering pants (jeans are NOT suitable)	<input type="checkbox"/> Spare mountaineering pants <b>opt.</b>
<input type="checkbox"/> Fleece jacket	<input type="checkbox"/> Fleece pullover light wt. <b>opt.</b>
<input type="checkbox"/> Fleece vest <b>opt.</b>	<input type="checkbox"/> Shirts/blouses ( <b>opt.</b> functional material)
<input type="checkbox"/> Underwear ( <b>opt.</b> functional material)	<input type="checkbox"/> Neck shawl <b>opt.</b>

## For the Hut

<input type="checkbox"/> Sleeping liner (“Hüttenschlafsack”) <b>Required!</b>	<input type="checkbox"/> Hut shoes
<input type="checkbox"/> Hut clothes (lightweight training outfit or similar)	<input type="checkbox"/> Bag w/ Personal Toiletries
<input type="checkbox"/> Towel	<input type="checkbox"/> Travel alarm <b>opt.</b>
<input type="checkbox"/> Money	<input type="checkbox"/>

## Other stuff

<input type="checkbox"/> Backpack min. 30l maybe bigger (w/rain cover)	<input type="checkbox"/> Trekking poles (recommended)
<input type="checkbox"/> Backpack-very small & light for shorter hikes ( <b>opt.</b> )	<input type="checkbox"/> Thermos bottle <b>opt.</b> (in lieu of one of the 1l bottles)
<input type="checkbox"/> <b>Container with daily lunch and snacks</b>	<input type="checkbox"/> Cell phone, <b>opt.</b>
<input type="checkbox"/> Camera with extra film/memory cards & batteries!!!	<input type="checkbox"/> Reading material <b>opt.</b>
<input type="checkbox"/> Binoculars <b>opt.</b>	<input type="checkbox"/> Notebook & pencil <b>opt.</b>
<input type="checkbox"/> Addresses for sending postcards <b>opt.</b>	<input type="checkbox"/> Songbook <b>opt.</b>
<input type="checkbox"/> Travel clothes for the trip to & from the hike	<input type="checkbox"/> GPS receiver ( <b>opt.</b> ) compass still required!
<input type="checkbox"/> Route description—we will provide to each person	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>